



## All children will learn, grow and develop to realize their full potential.



Parents as Teachers (PAT) is a home visiting model that provides support to families in the first years of their child's life using research-based activities and information that are delivered to parents by a trained Parent Educator. These first years of a child's life are critical for brain development and provide the foundation for school and life success. During this time, a child's parents are their most influential teachers. PAT works with families to provide the information, support and encouragement parents need to help their children as they learn and grow.

## **CORE VALUES OF PARENTS AS TEACHERS:**

- Parents are their children's first and most influential teachers
- The early years of a child's life are critical for optimal development
- All young children and families deserve the same opportunities to succeed
- Understanding and appreciation of the history and traditions of diverse cultures is essential to serve families

## PAT PROGRAM COMPONENTS:

- One-on-one personal (home) visits with parent/caregiver and child that are focused on parent-child interaction, development-centered parenting and family well-being.
- Group Connection meetings that allow PAT families to build connections with each other and increase their knowledge of ways to support their child's development.
- Child screenings and assessments that will help parents identify areas of strengths and concerns and will help your Parent Educator tailor your personal visits to meet your family's needs.
- A Network of Community Resources that are identified to address the needs of each PAT family.

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